

# Why An **AMBULATORY PHARMACIST** May Be Right for You...



Studies have shown that having an ambulatory care pharmacist involved in your care can reduce your healthcare costs, number of ER visits, and hospital admissions.



**ABOUT 9 in 10 PATIENTS AGED 65+ TAKE at least one PRESCRIPTION MEDICATION**

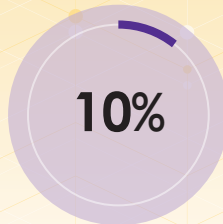


It is estimated that around **50%** of Medicare beneficiaries are taking five or more medications.

*Older individuals are at greater risk for side effects due to natural changes in their bodies associated with aging*



Around 40% of patients aged 65+ use over-the-counter products.



Adverse drug reactions are responsible for up to 10% of all hospitalizations among older patients.



**YOUR RISK OF RECEIVING *duplicate* MEDICATIONS**



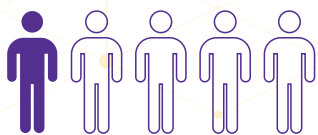
**OR HAVING SERIOUS MEDICATION-RELATED ADVERSE EVENTS ARE *significantly***



***higher* AFTER BEING DISCHARGED FROM THE HOSPITAL**



Common over-the-counter medications may cause serious adverse effects in the elderly



**ABOUT 1 in 5 OLDER ADULTS SAY THEY DID NOT TAKE THEIR MEDICINES AS PRESCRIBED AT SOME POINT IN THE PAST YEAR *because of the cost***



The cost of medication related problems such as adverse events, drug interactions, and medication nonadherence costs approximately **\$200 billion** annually, which is more than is spent on the cost of medications themselves.



**SHORE**

*be well* **CONNECTED**

PHYSICIANS  
GROUP<sup>SM</sup>



# DAVID M. TOTTON

## *Ambulatory Pharmacist*

### AMBULATORY PHARMACIST SERVICES INCLUDE:

- **Medicare Annual Wellness Visit** (No copay) Available In Office or Via Telehealth
- **Comprehensive Medication Review:**
  - Are all your medications safe and effective for you?
  - Is the Medication you're on appropriate for all health conditions?
  - Are there any potential interactions between medications that could increase side effects, or reduce effectiveness?
  - Can you save money on your current medications?
- **Answer Your Medication Related Questions:**
  - When is the best time to take the medication?
  - Should you take them with/without food, and can you safely take them with your supplements?
- **Review over-the-counter products including vitamins and supplements**
- **Comprehensive Health Risk Assessment**
- **Assess Vaccination History**
- **Complete Routine Preventative Screenings**
- **Many more services included**

*Interested in seeing our Ambulatory Pharmacist? Please let one of our staff members know.*